**Clinical Opiate Withdrawal Scale**

Patient's Name: ___________________________

**Resting Pulse Rate:** ____ beats/minute  
*Measured after patient is sitting or lying for one minute*  
0 pulse rate 80 or below  
1 pulse rate 81-100  
2 pulse rate 101-120  
4 pulse rate greater than 120

**Sweating:** Over past 1/2 hour not accounted for by room temperature or patient activity  
0 no report of chills or flushing  
1 subjective report of chills or flushing  
2 flushed or observable moistness on face  
3 beads of sweat on brow or face  
4 sweat streaming off face

**Restlessness:** Observation during assessment  
0 able to sit still  
1 reports difficulty sitting still, but is able to do so  
3 frequent shifting or extraneous movements of legs/arms  
5 Unable to sit still for more than a few seconds

**Pupil size:**  
0 pupils pinned or normal size for room light  
1 pupils possibly larger than normal for room light  
2 pupils moderately dilated  
5 pupils so dilated that only the rim of the iris is visible

**Bone or Joint aches:** If patient was having pain previously, only the additional component attributed to opiates withdrawal is scored  
0 not present  
1 mild diffuse discomfort  
2 patient reports severe diffuse aching of joints/muscles  
4 patient is rubbing joints or muscles and is unable to sit still because of discomfort

**Runny nose or tearing:** Not accounted for by cold symptoms or allergies

**GI Upset:** Over last 1/2 hour  
0 no GI symptoms  
1 stomach cramps  
2 nausea or loose stool  
3 vomiting or diarrhea  
5 Multiple episodes of diarrhea or vomiting

**Tremor:** Observation of outstretched hands  
0 No tremor  
1 tremor can be felt, but not observed  
2 slight tremor observable  
4 gross tremor or muscle twitching

**Yawning:** Observation during assessment  
0 no yawning  
1 yawning once or twice during assessment  
2 yawning three or more times during assessment  
4 yawning several times/minute

**Anxiety or Irritability:**  
0 none  
1 patient reports increasing irritability or anxiousness  
2 patient obviously irritable or anxious  
4 patient so irritable or anxious that participation in the assessment is difficult

**Gooseflesh skin:**  
0 skin is smooth  
3 piloerection of skin can be felt or hairs standing up on arms  
5 prominent piloerection

**Total Score:**  
The total score is the sum of all 11 items  
(5-12 = mild  13-24 = moderate  25-36 = moderately severe  >36 = severe withdrawal)

Date and Time: / /  

0 not present  
1 nasal stuffiness or unusually moist eyes  
2 nose running or tearing  
4 nose constantly running or tears streaming down cheeks

Reference: California Society of Addiction Medicine

Initials of person completing assessment: __________________________